

What's New at the Renaissance Women's Group?

The Renaissance Women's Group Physicians are excited to announce new procedures, vaccines and birth control options. Please ask your Physician at RWG about these new services!

*[Essure, the Permanent Birth Control](#) (Hysteroscopic Tubal ligation): The Essure procedure offers permanent sterilization. In traditional tubal ligation, general anesthesia is required with abdominal incisions for laparoscopy. With Essure micro-inserts are inserted vaginally into the fallopian tubes using a small camera in the uterus. Because the procedure is performed under light anesthesia and is so minimally invasive it has a faster recovery period and the majority of women return to normal daily activities within 1 day. We can perform this procedure in our office or the hospital.

*[HerOption Cryoablation Therapy](#): The HerOption procedure is offered in our office using cryotherapy (freezing) to reduce or eliminate excessive or bothersome menstrual bleeding and uterine fibroids. The cold temperatures remove the uterine lining, which is responsible for menstrual bleeding, in many cases permanently. Since cold is a natural anesthetic, HerOption is performed as an office procedure under local anesthesia, which makes the recovery period much faster than other endometrial ablations performed in the operating room.

*[NovaSure](#): The NovaSure procedure uses radio frequency energy to permanently remove the lining of the uterus, which reduces, or eliminates, future bleeding. The average treatment time is about 90 seconds and only needs to be performed once to lighten or stop your periods. No pretreatment drugs are required and NovaSure can be performed in our office or the hospital.

*[Bladder Health Network](#), Urodynamic testing: The physicians of RWG are excited to announce their collaboration with the Urologists of Bladder Health Network. We are now able to perform evaluations of common female bladder conditions, like urgency and loss of urine with strenuous activities. These tests are performed in the comfort of our office using state of the art equipment. This team approach provides medical and surgical options for bladder problems.

*[Gardasil](#): We are now offering the new vaccine which helps protect you against HPV (Human Papilloma Virus). This virus causes cervical, vaginal and vulvar cancer and genital warts. The vaccine is given in a series of 3 injections over a 6 month period. Gardasil is currently FDA approved for girls and women ages 9 to 26.

*[Implanon](#): The newest birth control option is a 3 year implantable birth control. Implanon is a small (4cm) plastic rod that contains a progesterone hormone called etonogestrel. It is inserted under the skin on the inside of your upper arm. Upon removal, natural fertility is immediately restored with your next menstrual cycle. Since it is estrogen free, it is suitable for women with medical conditions that might prohibit oral contraceptives. Implanon has been a popular method of birth control for women all over the world and we are pleased to offer it at RWG.